# The Woodlands 

## INCLUSIVE DINNER MENU

## Starters

## SOUP OF THE EVENING

(gfa) (v)

## QUINOA HOUMOUS

with pimento stuffed olives $\varepsilon$ sour dough pitta (vg)
DUET OF SMOKED SALMON \& SALMON MOUSSE
with cucumber chutney \& melba toast (gfa)

## CHICKEN LIVER PATE

served with red onion chutney \& oatcakes (gfa)

## BREADED HALLOUMI

served with garlic dip (v)
PANKO BREADED KING PRAWNS
served with a sweet chilli dip

## Pizzas

all 11" pizza with a 4 cheese topping of Mozzarella,
Asiago, Gorgonzola \& Pecorino

4 CHEESE
(v)

HAM, MUSHROOM \& ONION
SPICY BEEF, PEPPERONI WITH RED \& GREEN PEPPERS
CHICKEN, SWEETCORN \& BBQSAUCE
CHARGRILLED BALSAMIC VEGETABLES

## Main Courses

BATTERED/BREADED HADDOCK
with chips \& peas
BREADED SCAMPI
with chips \& peas
STEAK CASSEROLE \& FLAKY PASTRY
served with peas and your choice of chips, mash or new potatoes (gfa)

MACARONI CHEESE
with chips or garlic bread (v)
VEGETABLE ROGAN JOSH
served with rice and sour dough pitta (vg) (gfa)
CHICKEN BALTI
served with rice and naan
ROASTED VEGETABLE PENNE PASTA
with a tomato and rosemary sauce (vg)
CHICKEN, CHORIZO \&
MUSHROOM PENNE PASTA
with garlic and herb cream sauce
FILLET OF SEABASS
served with balsamic roasted vegetables $\&$ dauphinoise potato (gf)

SLOW COOKED BEEF FEATHERBLADE served with broccoli, mashed potato $\xi$
peppercorn sauce ( $g f$ )
FILLET OF SALMON
served with new potatoes, green beans $\& a$ white wine \& chive cream sauce (gf)
CHICKEN ESCALOPES
with haggis, bacon, broccoli, potato gratin $\&$ onion gravy (gfa)
SIRLOIN STEAK
served with flat mushrooms, beer battered onion rings \& chips

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## Burgers

All served with chips and salad
STICKY BBQ BEEF AND MOZZARELLA
(gfa)
BREADED SOUTHERN FRIED CHICKEN, BACON, SWEET CHILLI AND MOZZARELLA

THAI INFUSED CRISPY VEGETABLE BURGER, VEGAN CHEDDAR \& SWEET CHILLI
(vg)

## Salads

## FLAKED POACHED SALMON

with tomato, pepper \& lime chutney (gf)
CAJUN MUSHROOM \& VEGAN CHEDDAR with caramalised red onion chutney $(g f)(\mathrm{vg})$

## Sides

CHIPS/CAJUN CHIPS £4.00
GARLIC BREAD
£4.00

GARLIC BREAD \& MOZZARELLA £4.50

PUMPKIN MAC 'N' CHEESE BITES £s.oo

BEER BATTERED ONION RINGS
£4.50

BALSAMIC GARDEN SALAD £5.00
(vg) (gf)

Selection of teas and coffees available from $£ 2.6$ R Redwood card holders receive $10 \%$ discount on all items

CRISPY SOUTHERN FRIED CHICKEN \& BACON CAESAR STYLE SALAD
(gfa)

Please let our staff know if you have a food allergy or intolerance to certain foods.

Chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and may not be suitable for those with a high sensitivity to gluten.

