



### ELEMENTS STARTERS

<b>Tomato and Fennel Soup</b>	<b>£5.95</b>
<b>Smoked Salmon Bruschetta</b> Pear and Celeriac Remoulade, Lemon and Caper Salsa	<b>£6.95</b>
<b>Pressing of Confit Duck Leg</b> Baby Beetroot, Orange, Pistachio	<b>£7.95</b>
<b>Tomato, Basil, Buffalo Mozzarella Salad</b>	<b>£7.50</b>
<b>Prawn and Crab Cakes</b> Citrus Mayo, Peach and Chilli Dressing	<b>£7.50</b>

### ELEMENTS MAINS

<b>Pork Fillet</b> Rosti Potato, Buttered Green Beans, Apricot Puree, Madeira Jus	<b>£16.25</b>
<b>Breast of Chicken</b> Sauteed Wild Mushroom, Spinach and Peas, Dauphinoise Potato, Pea and Garlic Veloute	<b>£16.55</b>
<b>Roast Salmon</b> Lemon and Spring Onion Crushed Potato, Stem Broccoli, Dill Butter, Pickled Cucumber	<b>£18.95</b>
<b>Rump of Lamb</b> Asparagus, Butternut Squash and Porcini Pearl Barley, Rosemary Jus	<b>£21.25</b>
<b>Sirloin Steak (* 2.00)</b> Buttered New Potatoes, Cherry Vine Tomato, Watercress, Lemon and Thyme Butter	<b>£21.95</b>
<b>Vegetable and Stilton Pie</b> Smoked Garlic Mash, Vegetable Gravy	<b>£14.95</b>

### ELEMENTS SIDES £3.50

<b>Buttered New Potatoes</b>
<b>Hand Cut Triple Cooked Chips</b>
<b>Buttered Vegetables</b>
<b>Rocket and Parmesan</b>
<b>Julienne Fries</b>

### ELEMENTS DESSERTS

<b>Basil Baked Yogurt</b> Strawberry Sorbet, Strawberry Compote, Meringue	<b>£6.95</b>
<b>Chocolate Mousse</b> Caramel Sauce, Vanilla Biscuits	<b>£6.95</b>
<b>Lemon Cheesecake</b> Blueberry Sorbet, Violet Jelly	<b>£6.50</b>
<b>Almond and Orange Cake</b> Cherry Compote, Almond Ice Cream	<b>£6.95</b>
<b>A Selection of Fine Cheeses (* £2.00)</b> Apple and Date Chutney, Savoury Biscuits	<b>£8.50</b>

### COFFEES AND LIQUORS

<b>Freshly Filtered Coffee</b>	<b>£3.20</b>
<b>Espresso</b>	<b>£2.95</b>
<b>Cappuccino</b>	<b>£2.95</b>
<b>Latte</b>	<b>£2.95</b>
<b>All served with Minted Chocolates</b>	
<b>Liquor Coffee of Your Choice</b>	<b>£6.95</b>

For guests on a rate including Dinner, these items will incur a supplement as identified.

Please advise us if you have any special dietary requirements and we will be pleased to assist

Elements Restaurant is proud to use local suppliers and local produce.  
All our dishes are cooked to order, please allow time for their perfect preparation.