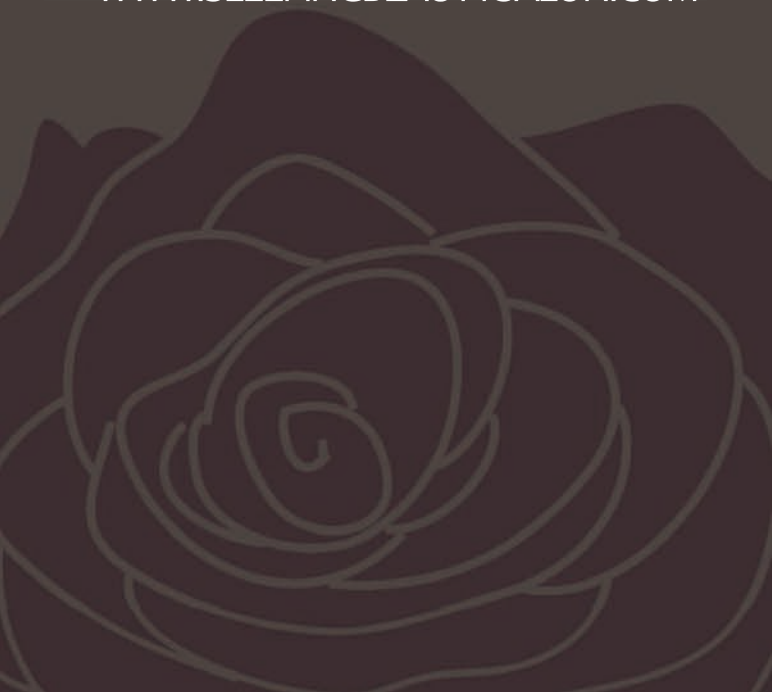




# SLEEPING BEAUTY SALON LIMITED

AWARD WINNING SALONS

TEL: 0844 445 7771  
[WWW.SLEEPINGBEAUTYSALON.COM](http://WWW.SLEEPINGBEAUTYSALON.COM)





## OUR MISSION

“To bring together a highly motivated and trained team of individuals who will go beyond the call of duty to provide our clients with an atmosphere of relaxation and a first class service, not only the first time, but every time.”



THESE TREATMENTS MAY NOT BE AVAILABLE AT ALL LOCATIONS. CONTACT US FOR DETAILS.



# ABOUT US

Sleeping Beauty Salon is a small chain of salons across Scotland founded in 1999. We believe it's the little things that make the difference, from hand-made Aromatherapy Candles to our Signature range of treatments, we provide an experience that is just a little bit different.

We have a diverse range of treatments to beautify, relax and indulge and our amazing team are always available to advise on the best treatments and products to meet your needs.

We are honoured to have received several awards over the years and we strive to provide a service that is second to none.

For regular clients we have a loyalty scheme that is free to join and treats you to 3 points per £1 spent.

**"There is nothing sleepy about this salon with well-trained staff and a fantastic mix of treatments."**  
Professional Beauty Awards

**"Best Salon for a bright modern interior."**  
Scottish Woman Magazine

## Platinum Membership

Members receive the discounted prices shown to the right of standard prices in this brochure, along with a host of other benefits such as exclusive invites to events, discounts on products purchased, and much more. Since our Platinum Membership scheme started our members together have saved over £45,000!

New members purchase a 6 month or 12 month membership (prices below). After this has concluded members will be given the option to continue on a pay monthly basis.

These prices include £50 each month being credited to your account to spend on treatments/products along with your membership discounts. For more details or to apply ask a member of our team.

<b>1 YEAR MEMBERSHIP</b>	<b>£550.00</b>
<b>6 MONTH MEMBERSHIP</b>	<b>£285.00</b>





# FACIALS

Available at only the most exclusive spas and salons around the world, Elemis professional spa-therapies are world-renowned for their results and powerful massage sequences, combined with the most dynamic actives in the world today.

	<b>LIST</b>	<b>MEMBER</b>
<b>ELEMIS EYE THERAPY</b>	25.00	20.00
This revolutionary Eye Therapy reduces dark circles and helps to refine, oxygenate and increase cellular renewal around the eyes leaving them smoother and fuller. (25 min).		
<b>ELEMIS TASTER FACIAL</b>	32.00	25.60
The perfect way to experience the Elemis range. This introductory treatment will give a quick and instant pick-me-up for dull, lifeless skin, as well as an excellent pre-make-up facial for that special event. (30 min).		
<b>SKIN SPECIFIC FACIALS</b>		
<b>ELEMIS OXYGEN SKINCALM FACIAL</b>	54.00	43.20
Pure soothing heaven for sensitive skin. Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, to help rebalance delicate, fragile and sensitive complexions. This superior face and eye treatment offers immediate comfort to stressed and irritated skin. (60 min).		
<b>ELEMIS S.O.S PURIFYING FACIAL</b>	54.00	43.20
A purifying treatment for congested skin. A powerful face treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur mask, help to absorb sebum, calm irritation and rebalance skin. (60 min).		
<b>ELEMIS FRUIT ACTIVE GLOW FACIAL</b>	54.00	43.20
Bring back the glow to a lifeless complexion. Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance. (60 min).		
<b>ELEMIS EXOTIC MOISTURE DEW FACIAL</b>	54.00	43.20
Treat your skin to a moisture boost. Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin. (60 min).		
<b>ELEMIS HERBAL LAVENDER REPAIR FACIAL</b>	54.00	43.20
For perfect restoration of skin balance. Deeply cleansing to draw out impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts. (60 min).		

# FACIALS

LIST MEMBER

## CLARISONIC SUPER CHARGED FACIAL



60.00 48.00

Super-charge your skin specific Elemis facial by incorporating the Clarisonic Face Brush, using sonic technology to gently yet effectively loosen dirt and oil to clean your pores with a frequency of more than 300 movements per second to clean, soften and smooth. Clarisonic uses ultrasonic vibrations to effectively remove six times more make-up as well as clearing pores and reducing the appearance of pore size, reducing the appearance of fine lines and wrinkles and helping the skin to absorb products better to ensure maximum effectiveness. Suitable for even sensitive skin. (60 min).

## ELEMIS TRI ENZYME RESURFACING FACIAL

65.00 52.00

Peel away the years for smoother, more radiant skin. This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32%, this treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines. (60 min).

## ELEMIS VISIBLE BRILLIANCE FACIAL

65.00 52.00

To combat ageing, stressed and slackened skin. Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps up the skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61% and elasticity by 40% after 1 treatment. (60 min).

## ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL

65.00 52.00

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment. The treatment utilises precious mineral Quartz and Red Coral to optimise cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance. (60 min).

## ELEMIS PRO INTENSE LIFT EFFECT



72.00 57.60

This brand new facial is powered by breakthrough technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids and firming plant actives. Powerful lifting techniques target sagging jowls, cheeks, chin and neck, whilst helping to reduce puffiness and fluid retention associated with sagging skin. In independent consumer tests 96% of women stated that their facial contours appeared firmed, lifted and shaped and 82% of women stated that they would delay facial surgery and/or Botox following a course of facials. (60 min).

The most advanced non-surgical treatment system. The CACI Ultra system incorporates 4 different technologies within one state-of-the-art treatment device, Microcurrent, Ultrasonic Peel, Hydratone and LED Light Therapy Photo Stimulation.

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**LIST    MEMBER**

### **CACI NON-SURGICAL FACELIFT**

Note that a course of 10-15 is required for best results. One treatment will have a visible result that will last up to 72 hours. The electrical energy from this non-surgical facelift stimulates and re-educates the muscles to either relax or contract. Consequently, muscle tone is improved, facial contours are re-defined and lines and wrinkles are softened and smoothed. (55 min).

<b>1 TREATMENT</b>	60.00	48.00
<b>COURSE of 10</b>	540.00	432.00

### **CACI EYE REVIVE**

Concentrating on the eye area this treatment lifts and tones the eyes which reduces drooping or hooded eyelids. Intense hydration and repair of the skin leaves the eyes bright, lifted and smooth. (25 min).

<b>1 TREATMENT</b>	35.00	28.00
<b>COURSE OF 10</b>	315.00	252.00

### **CACI JOWL LIFT - NEW**

The CACI Jowl Lift facial has been developed to target loose muscles around the jaw line and improve the appearance of sagging jowls by using the Quad Probes which have been specifically developed to target the muscles around the jaw line. (20 min).

<b>1 TREATMENT</b>	25.00	20.00
<b>COURSE of 10</b>	225.00	180.00

### **CACI ULTIMATE**

The ultimate anti-ageing treatment! Includes Skin Peeling, Wrinkle Comb, CACI Non-surgical Facelift & Hydratone. (90 min).

<b>1 TREATMENT</b>	90.00	72.00
<b>COURSE of 10</b>	810.00	648.00

### **WRINKLE COMB**

The Wrinkle Comb combines LED photo stimulation with high frequency electrical stimulation to effectively plump out and soften deep lines, wrinkles, blemishes and stretch marks. The Wrinkle Comb provides the first non-invasive needle-free alternative to collagen injections/dermal fillers. (15 min).

<b>1 TREATMENT</b>	25.00	20.00
<b>COURSE of 4</b>	75.00	60.00



### **CACI HYDRATONE**

Intensive skin hydration and face firming treatment. Using a mask infused with powerful hydrating properties (Collagen, Hyaluronic Acid, Vitamin E and C). De-hydrated and sun damaged skin is immediately quenched, whilst deep lines and wrinkles are plumped out. The face will be left with a remarkably softer, radiant and more youthful appearance. (30 min).

<b>1 TREATMENT</b>	40.00	32.00
<b>COURSE of 10</b>	360.00	288.00

### **CACI SKIN PEELING**

A crystal-free and chemical-free skin resurfacing procedure, to achieve a clearer smoother complexion. It works by gently removing the superficial layer of skin, used with red and blue light therapy to brighten and rejuvenate tired, lacklustre skin. (45 min).

<b>1 TREATMENT</b>	55.00	44.00
<b>COURSE of 6</b>	275.00	220.00

### **CACI ACNE TREATMENT**

An intensive skin hydration treatment to calm inflamed acne which includes the CACI gel mask infused with powerful hydrating properties such as Vitamin E, Hyaluronic Acid and Collagen. LED phototherapy is used to improve blood flow and stimulate lymphatic drainage. (30 min).

<b>1 TREATMENT</b>	35.00	28.00
<b>COURSE of 6</b>	175.00	140.00

### **CACI ELECTRO-CELLULITE MASSAGER**

The Electro Cellulite Massager (ECM) combines the therapeutic benefits of massage with the effectiveness of micro-current therapy. The treatment utilizes conductive rollers, electrically charged with micro-current. These rollers are designed to pivot to the body contours, targeting specific problem areas and helping to break down fatty deposits, tone and reduce inches. (40 min)

<b>1 TREATMENT</b>	40.00	32.00
<b>COURSE of 10</b>	360.00	288.00

# MICRODERMABRASION

Ever wondered how those famous faces stay looking so young? Microdermabrasion literally takes years off you by gently exfoliating the outer layers of the skin. Microdermabrasion treats a vast array of skin concerns, on both the face and body, using a safe and controlled method of skin resurfacing. The treatment provides immediate visible results for ageing skin, lines & wrinkles, open pores, scars, stretch marks and much, much more. You will see the difference after just one treatment, for more problematic skin concerns, however, a course of 6-10 may be recommended. With regular treatments, the skin increases its collagen and elastin formation, to give you a naturally firmer and more rejuvenated look.

**LIST    MEMBER**

## **MINI FLASH MICRODERMABRASION**

Great for those wanting to try Microdermabrasion or as a quick-fix to clean out pores. Includes cleansing, toning, microdermabrasion and moisturisation. (30 min).

<b>1 TREATMENT</b>	40.00	32.00
<b>COURSE OF 6</b>	190.00	152.00

## **BEAUTY FLASH MICRODERMABRASION**

Maximise the results of your Microdermabrasion with a powerful hydrating mask to plump out and calm skin and leave you with a softer, radiant and more youthful appearance. (45 min).

<b>1 TREATMENT</b>	50.00	40.00
<b>COURSE OF 6</b>	250.00	200.00

## **DELUXE MICRODERMABRASION**

Includes Beauty Flash and a relaxing Face, Neck, Upper Back & Shoulder Massage with a Collagen Firming Eye Treatment. (75 min).

<b>1 TREATMENT</b>	80.00	64.00
<b>COURSE OF 6</b>	400.00	320.00



# MASSAGE

**LIST    MEMBER**

## RELAXING MESSAGE

A soothing and deeply relaxing massage using aromatherapy oils. Available with your choice of either relaxing, revitalising or a detoxifying blend and in either light, medium or firm pressure to your own request.

<b>BACK, NECK &amp; SHOULDER</b> (30 min)	32.00	25.60
<b>BACK, NECK &amp; SHOULDER</b> (45 min)	42.00	33.60
<b>FULL BODY</b> (60 min)	52.00	41.60
<b>FULL BODY</b> (75 min)	62.00	49.60

## DEEP TISSUE MESSAGE

Alleviate high stress levels, ease aching muscles and revive the senses with this powerful deep tissue massage. Using our sports massage blend with detoxifying Juniperberry, circulation stimulating Rosemary and warming Black Pepper. Helps relax, recharge and re-energise, whilst tension melts away.

<b>BACK, NECK &amp; SHOULDER</b> (30 min)	34.00	27.20
<b>BACK, NECK &amp; SHOULDER</b> (45 min)	45.00	36.00
<b>FULL BODY</b> (60 min)	55.00	44.00
<b>FULL BODY</b> (75 min)	65.00	52.00

## SIGNATURE ROSE & JASMINE MESSAGE - NEW

This blissful treatment incorporates our own Rose & Jasmine Massage Candles. It starts with a Welcome Foot Ritual before light body brushing after which the warm oils and natural butters from the massage candle are drizzled over the skin for your massage treatment, to melt away tension and delicately nourish the skin.

<b>BACK, NECK &amp; SHOULDER</b> (50 min)	50.00	40.00
<b>FULL BODY</b> (80 min)	70.00	56.00

## HOT STONES MESSAGE

Our hot stones massage starts with a gentle body brushing follows before a soothing massage quenches the skin, combined with smooth basalt stones that gently ease deep muscular tension and accumulated stresses from the body whilst soothing the mind and soul.

<b>BACK, NECK &amp; SHOULDER</b> (30 min)	34.00	27.20
<b>BACK, NECK &amp; SHOULDER</b> (45 min)	45.00	36.00
<b>FULL BODY</b> (60 min)	55.00	44.00
<b>FULL BODY</b> (75 min)	65.00	52.00

# MASSAGE

**LIST    MEMBER**

## **HOT LAVA SHELL MASSAGE - NEW**

This special treatment elevates hot stone massage to the highest level using tiger clam shells heated by a unique volcanic lava and seaweed mix. As the polished shells are glided smoothly over the body, you will instantly drift into a blanket of warmth, falling into a state of utter relaxation and calm. Extend your treatment to focus on the tummy to help relieve the symptoms of IBS and bloating.

<b>BACK, NECK &amp; SHOULDER</b> (30 min)	40.00	32.00
<b>BACK, NECK &amp; SHOULDER</b> (45 min)	50.00	40.00
<b>FULL BODY</b> (60 min)	60.00	48.00
<b>FULL BODY</b> (75 min)	70.00	56.00
<b>TUMMY</b> (15 min)	20.00	16.00

## **THAI STYLE MASSAGE - UPGRADED**

Our new signature Thai Style massage starts with a Thai Foot Soak. Relax while the fragrant herbs and spices permeate the air refreshing and uplifting the senses. A gentle body brushing follows before an exotic oil of ylang ylang, nutmeg, lime and coconut is massaged into the skin, warming, toning and strengthening. Using heated herbal compresses, this massage is praised for its holistic approach of treating the mind, body and spirit, relieving aches and pains whilst stimulating the senses and improving the body's capabilities to heal.

<b>BACK, NECK &amp; SHOULDER</b> (30 min)	40.00	32.00
<b>BACK, NECK &amp; SHOULDER</b> (45 min)	50.00	40.00
<b>FULL BODY</b> (60 min)	60.00	48.00
<b>FULL BODY</b> (75 min)	70.00	56.00

## **FOUR HANDS MASSAGE** (75 min) - **NEW** 100.00    80.00

This new signature therapy is the ultimate in luxury. A sweeping, synchronised full body massage using our exclusive Rose & Jasmine Massage Candles is performed by two intuitive therapists working at the same time is pure, sublime indulgence.

## **INDIAN HEAD MASSAGE** (45 min) 45.00    36.00

A treatment based on old Ayurvedic techniques involving work on the upper back, neck, shoulders, face and scalp. A variety of massage movements are used to relieve accumulated tension and stimulate circulation as well as to reduce stress and fatigue and improve mental clarity.

### **ADD ON**

#### **PARAFFIN WAX BACK PACK** (20 min) 12.00    10.00

Our muscle relaxing Paraffin Wax treatment is perfect before any back massage to warm and detoxify tense muscles.



# REFLEXOLOGY

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	LIST	MEMBER
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<b>REFLEXOLOGY</b> (40 min)	40.00	32.00
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A gentle therapeutic foot treatment incorporating pressure points that mirror the body's key systems. This is an ancient healing art bringing soothing relief in modern times.

<b>LUXURY REFLEXOLOGY</b> (55 min)	50.00	40.00
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A luxurious spa treatment with a calming hot stone foot soak to refresh tired feet before a foot and lower leg exfoliation. After your reflexology session, feet will be massaged with hot stones to leave you walking on air!

<b>LAVENDER &amp; STONE REFLEXOLOGY PEDICURE</b>	65.00	52.00
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The most amazing pedicure, combining a Lavender Salt Scrub exfoliation, Hot Stone Lower Leg & Foot Massage, Reflexology and Pedicure (nail shaping, cuticle work, hard skin treatment and polish). 90 minutes of bliss!

# AROMATHERAPY

*"Aromatherapy is the controlled application of essential oils leading to an experience of harmony and well being."*

<b>BESPOKE AROMATHERAPY MASSAGE - NEW</b>	80.00	64.00
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This massage starts with a foot ritual where you will have a consultation with your therapist to discuss your treatment. Your aromatherapy oil will then be exclusively blended just for you and gently warmed. You will be massaged from top to toe and the specially blended oils will be absorbed into the bloodstream enhancing cell renewal, circulation and detoxification. Aromatherapy is particularly beneficial for people suffering from stress related conditions, anxiety and tension. (90 min).

# PREGNANCY

These treatments have been specially selected as suitable and safe for during pregnancy. They can help restore moisture, ease the effects of water retention and increase circulation resulting in a more restful night's sleep. Other treatments may be adaptable so please ask us for further information.

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## LIST    MEMBER

### PREGNANCY MASSAGE



Recommended from 12 weeks - using specialised positioning on our unique pregnancy massage bump-bag you are safely supported, taking the strain off your lower back. A nurturing blend of special oils are used to condition the skin so you can be ensured the ultimate in safety, comfort and relaxation.

<b>BACK, NECK &amp; SHOULDER</b> (30 min)	34.00	27.20
<b>FULL BODY</b> (60 min)	55.00	44.00
<b>FULL BODY</b> (75 min)	65.00	52.00

<b>FOOT RELIEF</b>	25.00	20.00
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A mineral-rich foot soak, exfoliation and massage for lower legs and feet to help with poor circulation, water retention and the tiring affects of carrying an extra load. (30 min).

<b>MUM-TO-BE FACIAL</b> (60 min)	54.00	43.20
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Certain products with highly concentrated essential oils or acids are not recommended during pregnancy so this facial uses specially selected Elemis products that have been certified as safe during this special time. Includes double cleansing, exfoliation, treatment mask, face, neck & shoulder massage and moisturisation.

<b>MINI MUM-TO-BE FACIAL</b> (30 min)	32.00	25.60
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<b>GREAT EXPECTATIONS</b>	90.00	72.00
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A special package for mums-to-be. Includes our Pregnancy Back, Neck & Shoulder Massage, Mini Mum-to-Be Facial and Spa Pedicure. (105 min).

<b>PREGNANCY PAMPER</b>	95.00	76.00
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Includes our Pregnancy Back, Neck & Shoulder Massage, Foot Relief and a 60 minute Mum-to-be Facial. (120 min).

### EXOTIC FRANGIPANI NOURISH WRAP - **NEW** 55.00 44.00

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. Exotic, aromatic Tahitan Coconut and Frangipani flowers are soaked together to produce the Monoi used in this therapy, which Polynesian women traditionally used to protect their skin and provides the ultimate radiance, vitality and all-over body glow. (60 min).

### EXOTIC COCONUT & MILK RITUAL - **NEW** 55.00 44.00

A traditional Balinese recipe of Coconut, Mungbean, Spices and Lavender is combined with Exotic Frangipani Monoi Moisture Melt to polish the skin and stimulate the senses. Warmed Skin Nourishing Milk Bath is then poured over your entire body before you are cocooned in a comforting foil wrap. (60 min).

### EXOTIC LIME & GINGER SALT GLOW 50.00 40.00

An exotic exfoliation ritual to invigorate and revitalise. After light body brushing, warm oil is drizzled luxuriously over your body blending with salt glow, leaving your skin feeling deeply cleansed, polished and softened to perfection. (60 min).

### SIGNATURE LAVENDER SALT SCRUB 50.00 40.00

Our own signature salt scrub, triple layered with Dead Sea, Epsom and Mediterranean Sea Salt is packed with therapeutic ingredients to leave your mind relaxed while your skin is nourished and hydrated. Bliss for the skin and mind. Encourages deep relaxation and a sense of wellbeing. (60 min).

### CONDITIONING ORIENTAL BODY WRAP 50.00 40.00

An Oriental body mask to detoxify the mind, body and soul. This treatment stimulates the senses, aids detoxification and helps to treat cellulite. Whilst cocooned you will receive a blissful scalp massage before being massaged from top to toe with a stimulating cream of spearmint, lime and lemongrass. (60 min).

### UNIVERSAL CONTOUR WRAP

The Universal Contour Wrap is one of the world's leading inch-loss treatments and clients on average will lose 10-14 inches from their first treatment. The wrap doesn't just deliver exceptional inch loss; the unique clay formula and special wrapping techniques also tighten and tone your body whilst exfoliating and cleansing the skin. Whilst wrapped for an hour you will also receive a complimentary relaxing Elemis Taster Facial worth £32 adapted to your skin. (120 min).

**1 TREATMENT** 85.00 68.00

**COURSE OF 3 TREATMENTS** 215.00 172.00

**These popular '2-in-1' treatments incorporate two elements of spa therapy in one session offering the ultimate spa experience at great value.**

	<b>LIST</b>	<b>MEMBER</b>
<b>2-in-1 EXFOLIATION/MASSAGE</b> (45 min) A full body exfoliation followed by a back massage that helps to relieve muscular tension and leaves skin feeling silky smooth and deeply nourished.	40.00	32.00
<b>2-in-1 FACIAL/MASSAGE</b> (45 min) A luxurious back massage that helps to relieve muscular aches and pains, followed by a relaxing taster facial that improves the texture of the skin and leaves it feeling soft and supple.	40.00	32.00
<b>2-in-1 DEEP CLEANSE/MASSAGE</b> (45 min) A luxurious back treatment that not only deeply cleanses, but also incorporates a deep tissue massage that helps to reduce tension and relieve muscular aches and pains, leaving you with a complete sense of relaxation and soft, supple skin.	40.00	32.00
<b>2-in-1 BODY WRAP/FACIAL</b> (45 min) A stimulating and conditioning body wrap combining essential oils and anti-oxidants to evoke the senses and remove toxins is applied and while you are cocooned you will receive a mini facial to ensure you are buffed and polished from top to toe.	40.00	32.00
<b>2-in-1 REFLEXOLOGY/FACIAL</b> (45 min) Refresh yourself with this top-to-toe duo starting with a reflexology taster session focusing on stimulating the reflexes of the body before a mini facial to leave skin radiant.	40.00	32.00
<b>2-in-1 REFLEXOLOGY/MASSAGE</b> (45 min) For when you need a little pampering! Starts with a mini back, neck & shoulder massage combined with a taster reflexology session to leave you walking on air.	40.00	32.00

# THREADING

Threading is a traditional method for hair removal practised widely in Asia and the Middle East and now becoming popular in the West. The treatment involves twisting and rolling a thread of pure cotton around the hairs to remove individual hairs from the follicle. Threading is gentler on the skin than waxing so is good for sensitive skin as it does not cause breakouts or excessive redness and is also good for clients with allergies or clients on skin thinning medications such as Roaccutane. Threading is very precise so fantastic for eyebrow shaping and the regrowth is finer, softer and smoother.

	LIST	MEMBER
<b>EYEBROWS</b> (20 min)	15.00	12.00
<b>LIP OR CHIN</b> (15 min)	12.00	9.60
<b>LIP &amp; CHIN</b> (20 min)	20.00	16.00
<b>LIP &amp; EYEBROW</b> (20 min)	20.00	16.00
<b>FULL FACE</b> (40 min)	40.00	32.00

# BLEACHING

Ideal for fine hairs on the face or arms. Gentle and effective bleach is used to lighten hairs.

<b>LIP OR CHIN</b> (10 min)	8.50	6.80
<b>LIP &amp; CHIN</b> (15 min)	12.50	10.00
<b>FOREARMS</b> (20 min)	16.50	13.20

 **EPI PRO**  
**LERWICK SALON ONLY**

Epil Pro is a permanent progressive hair removal system that is an effective and safe alternative to laser/IPL treatments on small areas. It is relatively pain-free and uses static energy and sound waves to destroy the papillary cells at the hair root and prevent regrowth. A free consultation is available in advance of your first treatment. Minimum treatment charge of £10.

<b>PRICE PER MINUTE</b>	2.00	1.60
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## TOP TIP

A consultation and patch test (£20) is required in advance of your first IPL treatment and this is redeemable against your first full treatment.

## PERMANENT HAIR REDUCTION

A revolutionary, third-generation Intense Pulsed Light system that has been clinically proven to permanently reduce hair growth - quickly and efficiently eliminating hair from all parts of the body and face. Typically 6-12 treatments are required.

	LIST	MEMBERS	COURSE of 6	MEMBERS
<b>FLASH/SPOT AREA</b>	25.00	20.00	-	-
<b>UPPER LIP</b>	40.00	32.00	200.00	160.00
<b>CHIN</b>	60.00	48.00	300.00	240.00
<b>FACE</b>	120.00	96.00	600.00	480.00
<b>BIKINI</b>	90.00	72.00	450.00	360.00
<b>PLAYBOY/BRAZILIAN</b>	105.00	84.00	525.00	420.00
<b>HOLLYWOOD</b>	120.00	96.00	600.00	480.00
<b>UNDERARMS</b>	70.00	56.00	350.00	280.00
<b>FULL LEG</b>	295.00	236.00	1475.00	1180.00
<b>LOWER LEG</b>	195.00	156.00	975.00	780.00

## PHOTO REJUVENATION/VEIN & ROSACEA

IPL will rejuvenate your skin by stimulating deep collagen production. Your skin will appear smoother, plumper and lifted with uneven skin tone and skin texture greatly improved. Open pores will also be minimised. The treatment of red veins, age spots or other pigmentation, rosacea and scar tissue are all included in a rejuvenation session. Most people will need around 6 treatments for effective long-term results.

	LIST	MEMBERS	COURSE of 6	MEMBERS
<b>FLASH/SPOT AREA</b>	25.00	20.00	-	-
<b>FULL FACE</b>	175.00	140.00	875.00	700.00
<b>FULL FACE &amp; NECK</b>	225.00	180.00	1125.00	900.00
<b>FULL FACE, NECK &amp; CHEST</b>	270.00	216.00	1350.00	1080.00
<b>CHEEKS</b>	70.00	56.00	350.00	280.00
<b>NOSE</b>	40.00	32.00	200.00	160.00
<b>UPPER LIP</b>	40.00	32.00	200.00	160.00
<b>CHIN</b>	60.00	48.00	300.00	240.00
<b>FOREHEAD</b>	80.00	64.00	400.00	320.00
<b>CENTRE OF BROWS</b>	30.00	24.00	150.00	120.00
<b>CHEST</b>	125.00	100.00	625.00	500.00
<b>CROW'S FEET</b>	80.00	64.00	400.00	320.00
<b>LEGS (SUPERFICIAL VEINS)</b>	50.00	40.00	250.00	200.00

# WAXING

Is it possible to have a beautiful waxing experience? We think so! Our aim is to make waxing treatments as natural and pleasant as possible. We offer free hygiene wipes for you to use before your wax and with no double dipping on bikini or underarms you can rest assured that we operate to the strictest hygiene standards. A soothing post-wax massage, ensures pain is a distant memory.

We have a choice of strip and hot waxes, using only the finest resins, natural ingredients and aromatherapy oils to deliver superior performance, removing stubborn hair as short as 1mm (1/16"). Hot waxes can be re-applied on just-waxed areas immediately without discomfort or irritation - excellent on the most sensitive areas such as underarms, face and bikini.

	STRIP WAX		HOT WAX	
	LIST	MEMBER	LIST	MEMBER
1) EYEBROW TIDY	10.50	8.40	11.50	9.20
2) EYEBROW RESHAPE	13.00	10.40	14.00	11.20
3) LIP	8.50	6.80	9.00	7.20
4) CHIN	9.50	7.60	10.00	8.00
5) LIP & CHIN	12.50	10.00	13.50	10.80
6) FACIAL	16.50	13.20	18.00	14.40
7) UNDERARM	14.00	11.20	15.50	12.40
8) FOREARM	16.50	13.20		
9) 1/2 LEG	20.00	16.00		
10) FULL LEG	27.50	22.00		
11) BIKINI LINE	15.00	12.00	17.00	13.60
12) G-STRING BIKINI	20.00	16.00	25.00	20.00
13) PLAYBOY	28.00	22.40	36.00	28.80
14) HOLLYWOOD	32.00	25.60	41.00	32.80

## WAX PACKAGES

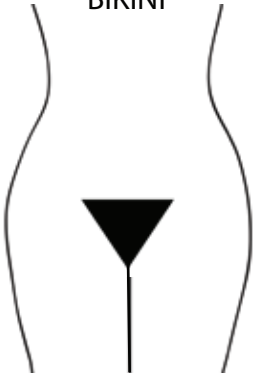
1/2 LEG/BIKINI/UARM	45.00	36.00	50.50	40.40
FULL LEG/BIKINI/UARM	50.00	40.00	53.00	42.40
1/2 LEG/G-STRING/UARM	50.00	40.00	55.00	44.00
FULL LEG/G-STRING/UARM	55.00	44.00	60.00	48.00
1/2 LEG/PLAY/UARM	55.00	44.00	60.00	48.00
FULL LEG/PLAY/UARM	60.00	48.00	65.00	52.00
1/2 LEG/HOLLY/UARM	55.00	44.00	63.00	50.40
FULL LEG/HOLLY/UARM	60.00	48.00	67.00	53.60

**GROWTH INHIBITOR TREATMENT** 8.00 6.40

After waxing, a gel is applied to penetrate into the hair follicle and selectively attack the hair. Regrowth of the hair will be more and more inhibited. For best results a home-use cream can be purchased from the salon.

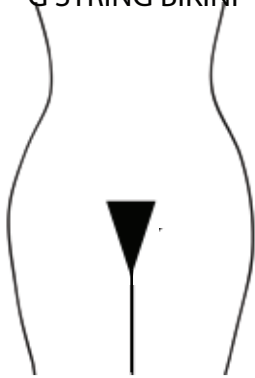
# WAXING

## BIKINI



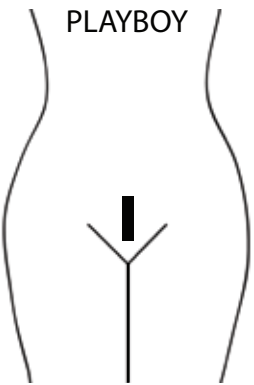
Basic bikini wax removes from the top and sides of bikini area following standard knicker line.

## G STRING BIKINI



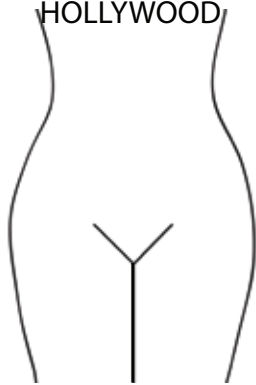
A high bikini wax that removes some hair underneath following the line of a g-string.

## PLAYBOY



All hair is removed underneath and right round the back. Leave a strip at the top as thick or as thin as you like.

## HOLLYWOOD



All hair is removed.

For further advice please contact a member of our team. We recommend Hot Wax for all bikini waxing, especially for sensitive skin or first time waxers.



# ST TROPEZ TAN

**LIST    MEMBER**

## ST TROPEZ ORIGINAL SPRAY TAN

This specially formulated UV-FREE treatment features a tan using a spray application in only 15 minutes. Perfect for a busy schedule or a lunch-hour treat. The tan is applied via a special spray tanning system. A trained St Tropez professional sprays a fine mist of bronzing solution over your body resulting in an even, streakless, natural-looking tan. The results can last from 7-10 days with correct aftercare.

<b>FULL BODY SPRAY TAN</b> (20 min)	25.00	20.00
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<b>1/2 BODY SPRAY TAN</b> (15 min)	20.00	16.00
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<b>DELUXE TAN</b> (45 min)	40.00	32.00
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Includes a full body exfoliation with a mini face cleanse and polish followed by your St Tropez Spray Tan. Also includes St Tropez Prep & Maintain Kit to maintain your tan at home.

## ST TROPEZ DARK SPRAY TAN

Looking for a deep, bronzed tan? Try the new dark spray tan which contains a ground breaking patented ingredient, Vegetan Premium, designed to mimic the skin's natural melanin, ensuring a dark tan which still looks natural. Results last 7-10 days with correct aftercare.

<b>FULL BODY SPRAY TAN</b> (20 min)	27.50	22.00
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<b>DELUXE TAN</b> (45 min)	40.00	32.00
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Includes a full body exfoliation with a mini face cleanse and polish followed by your St Tropez Spray Tan & Prep & Maintain kit.

## ST TROPEZ EXPRESS SPRAY TAN

A brand new tan with intelligent shade technology, perfect for last minute special occasions. Choose how dark you want to go. Leave on for 1 hour for a light sunkissed glow, 2 hours for a medium golden glow and 3 hours for a deep dark bronze tan. Lasts 5-7 days with correct aftercare.

<b>FULL BODY SPRAY TAN</b> (20 min)	27.50	22.00
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<b>1/2 BODY SPRAY TAN</b> (15 min)	21.00	16.80
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<b>DELUXE TAN</b> (45 min)	40.00	32.00
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Includes a full body exfoliation with a mini face cleanse and polish followed by your St Tropez Spray Tan & Prep & Maintain kit.

## NOTE

We recommend you exfoliate the day before your tan to ensure an even application. Do not shave or wax in the 24 hours prior to tanning. Please wear dark/loose clothes and open-toed shoes when you come for your appointment to prevent staining. To ensure a flawless result skin should be free from self-tan, perfume, deodorant or aromatherapy oils. A patch test is recommended 24 hours before if you have sensitive skin.



# EYES

	LIST	MEMBER
<b>EYEBROW TIDY</b>	10.50	8.40
<b>EYEBROW RESHAPE</b>	13.00	10.40
<b>EYEBROW THREADING</b>	15.00	12.00
<b>EYEBROW REDESIGN*</b>	25.00	20.00
Brows out of control? Try our redesign including brow reshape, trim, tint & colour.		
<b>EYEBROW TINT*</b>	£12.00	9.60
(Please note we only tint brows darker)		
<b>EYELASH TINT*</b>	14.00	11.20
<b>EYELASH/EYEBROW TINT*</b>	18.00	14.40
<b>EYE PACKAGE*</b>	25.00	20.00
Eyebrow Shape, Eyelash & Eyebrow Tint and Puffy Eye Pack with a complimentary hand & lower arm massage.		
<b>LASH LIFT PERM*</b>	40.00	32.00
Add length, volume and lift to your natural lashes - without lash extensions. A completely natural, low maintenance treatment that lasts 6-12 weeks.		
<b>LASH LIFT PERM WITH TINT*</b>	50.00	40.00
<b>PARTY LASHES</b>	17.50	14.00
Cluster lashes available in 3 different lengths. Will last 3-5 days with correct aftercare.		

## SEMI PERMANENT LASHES

Semi permanent lashes are state-of-the-art eyelash extensions that give longer, thicker, very natural-looking lashes. Soft and curved, they are applied individually for a striking and defined result. Lash maintenance is required at least every 2-3 weeks.

<b>NATURAL SET OF LASHES*</b> (65 min)	65.00	52.00
30-40 lashes applied per eye for a natural effect. Different thicknesses and lengths available.		
<b>DRAMATIC SET OF LASHES*</b> (80 min)	80.00	64.00
50-60 lashes applied per eye for a dramatic 'mascara effect'. Great for a night out.		
<b>FLARE OF LASHES*</b> (30 min)	35.00	28.00
10-15 lashes applied per eye on the outer corners and blended with your natural lashes for an 'eye opening' mascara effect. Great for a night out.		
<b>LASH MAINTENANCE*</b> (30 min)	33.00	26.40
Recommended every 2-3 weeks to keep lashes full.		

**\*A patch test is required at least 24 hours before these treatments. For best results please arrive without mascara for all eyelash treatments.**

# MAKE-UP

We work with several exclusive cosmetics ranges, Mii Cosmetics, Cosmetics a' la Carte and NEW CID Cosmetics.

Mii offers effortless application and unrivalled expertise to reveal your natural beauty. The collection also includes a mineral make-up line infused with precious gemstones. With Mii, make-up is easy to choose, easy to use and easy to understand; for the confidence to create a look that is uniquely, completely, unmistakably you.

Cosmetics a' la Carte has an extensive colour range and enables us to custom blend foundations for a perfect match.

NEW CID Cosmetics is an innovative and fashionable range, specially created by make-up artists to help you look your best with wearable, easy-to-use shades.

	LIST	MEMBER
<b>SPECIAL OCCASION MAKEOVER</b>	30.00	24.00
Let us do all the work! Relax while we create a picture perfect make-up for your special occasion. (30 min).		
<b>MAKE UP LESSON</b>	50.00	40.00
A valuable step-by-step lesson in application and make-up styles to show you how to re-create your new day-to-evening looks. Includes cleansing, priming and skin colour analysis to determine the perfect match for skin colour and type. Emphasis is placed on adaptation for your own lifestyle and routine at home, A colour chart will be provided to help you recreate the look at home. (60 min).		
<b>WEDDINGS</b>		
Take some stress out of organising your big day and let us make you look and feel fantastic! Our costs include a consultation and full make-up application at the salon on your wedding day. We are happy to travel up to 25* miles from the salon although we do charge extra to cover our time and travelling costs. We only charge one call-out fee per wedding party. Please contact us for an individual quotation.		
<b>TRIAL &amp; BRIDAL MAKE UP</b>	75.00	
<b>BRIDAL MAKE UP (NO TRIAL)</b>	40.00	
<b>BRIDESMAID TRIAL &amp; MAKE UP</b>	65.00	
<b>BRIDESMAID MAKE UP (NO TRIAL)</b>	35.00	

# NAIL SPA

## LIST MEMBER

<b>DELUXE MANICURE</b> (55 min)	40.00	32.00
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Your luxury manicure begins with our own triple layered salt scrub to brighten, smooth and remove dead skin cells. Nails are shaped before cuticles are soaked in a milk bath for intense hydration of dry nails before cuticles are gently pushed back. Hands are massaged with warmed Rose & Jasmine butters before they are cocooned in paraffin wax wraps and heated in thermal mittens, whilst you enjoy a blissful scalp massage. Finally nails are polished or buffed to a high shine.

<b>DELUXE MANI WITH SHELLAC</b>	46.00	36.80
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<b>DELUXE MANI WITH GLITTER SHELLAC</b>	50.00	40.00
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<b>SIGNATURE MANICURE</b> (40 min)	30.00	24.00
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Our signature manicure includes a nail file and shape, cuticle treatment, brightening salt scrub exfoliation, relaxing hand and lower arm massage with our own Rose & Jasmine Hand Lotion before nails are buffed or polished to perfection.

<b>SIGNATURE MANI WITH SHELLAC</b>	36.00	33.60
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<b>SIGNATURE MANI WITH GLITTER SHELLAC</b>	40.00	37.60
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<b>MINI MANICURE</b> (15 min)	15.00	12.00
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Great as a treat in-between manicures or before a special occasion. Nails are shaped, hands moisturised and nails buffed or polished.

<b>HYDRATING HAND TREATMENT</b> (20 min)	18.00	14.40
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A lovely pampering treat. Includes our exquisite Salt Scrub, paraffin wax wraps with thermal mittens and a relaxing hand & lower arm massage.

<b>GEL POLISH MANICURE</b> (35 min)	32.00	25.60
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The classic gel polish dry manicure. Using either CND Shellac or Cuccio Veneer. Includes nail shape, cuticle work, power polish application and moisturising hand lotion and cuticle oil application. Dry instantly so no smudging!

### ADD ONS

<b>BRISA SMOOTHING GEL</b> (10 min)	5.00	4.00
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To extend the wear of your shellac manicure and for weak nails a protective layer of gel can be applied under your Shellac or polish.

<b>SHELLAC REMOVAL</b> (10 min)	5.00	4.00
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Safe removal of your shellac. Free if shellac was applied with us.

<b>SHELLAC/VENEER REPAIR</b> (10 min)	3.00	2.40
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<b>FRENCH POLISH</b> (10 min)	4.00	3.20
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<b>NAIL ART</b>	From 50p per nail	
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# NAIL SPA

## LIST MEMBER

**DELUXE PEDICURE** (60 min) 44.00 35.20

A luxurious pedicure that begins with a detoxifying Sea Kelp Foot Soak and Skin Polishing Sugar Scrub. Nails will be cut and shaped and cuticles tidied before a special callus treatment to soften hard skin. Your feet will be treated to an extended foot & lower leg massage with hydrating Agan Oil before being cocooned in warm paraffin wraps and thermal booties. Whilst your feet are relaxing, you will be offered a complimentary Hand Massage. Includes polish application or nail buffing.

**DELUXE PEDICURE WITH SHELLAC** 50.00 40.00

**MILK & HONEY PEDICURE** (55 min) 40.00 32.00

Our most popular pedicure. First feet are softened in a bath of steamed whole milk. Next comes a moisturising milk & honey sea salt scrub to polish and hydrate the skin. As standard, toe nails will be cut and shaped and cuticles tidied before hard skin is buffed smooth. Feet are coated in a moisture-rich deep-penetrating mask and cocooned in heated booties before being massaged with a milk & honey butter. Finally toenails will be polished to perfection.

**MILK & HONEY PEDICURE WITH SHELLAC** 46.00 36.80

**SPA PEDICURE** (45 min) 34.00 27.20

A classic pedicure that includes a detoxifying Sea Kelp Foot Soak and skin polishing Sugar Scrub before nails are cut and shaped and cuticles tidied. Hard skin will be softened and buffed and your feet will be treated to a soothing foot massage before toenails are polished or buffed.

**SPA PEDICURE WITH SHELLAC** 40.00 32.00

**MINI PEDICURE** (15 min) 15.00 12.00

For those wanting a simple colour change. Toenails will be cut and shaped, feet moisturised and nails painted.

**CND SHELLAC EXPRESS PEDICURE** (40 min) 32.00 25.60

Perfect for those in a rush as Shellac is dry instantly. Nails will be cut & shaped and cuticles tidied before shellac polish is applied.

**UPGRADE TO SPA PEDICURE & SHELLAC FOR AN EXTRA £8.**

**FOOT SOAK, SCRUB & RUB** (20 min) 18.00 14.40

A treat for tired feet. Includes a detoxifying Sea Kelp Foot Soak, skin polishing Sugar Scrub and extended Foot & Lower Leg Massage.

# NAIL SPA

## LIST    MEMBER

**MINX EXPRESS PEDICURE** (40 min)                      35.00      28.00

The classic Minx dry pedicure. Includes toe nail cut, shape, cuticle work, Minx application, hydrating foot lotion and cuticle oil application.

**MEDI PEDI** (60 min)                                      55.00      44.00

This unique pedicure treatment is an alternative to a regular pedicure for those with slightly more problematic feet! The use of customised tools is of great benefit to those suffering from dry and cracked heels or thickened nails. Your feet will be left soft, smooth and properly cared for. Toe nails will be filed and cuticles treated. Finally, your nails will be buffed or painted with a polish of your choice.

**GEL PEDICURE** (60 min)                                45.00      36.00

Gel is applied (either colour or French) after your pedicure for a semi-permanent finish that dries instantly and lasts up to 4 weeks without chipping. Includes foot soak, cuticle work, nail shaping, hard skin removal and foot massage.

**SWAROVSKI PEDICURE** (105 min)                      85.00      68.00

The most dazzling of pedicures is now available. After your pedicure each toenail will be covered in genuine Swarovski crystals set into clear gel. Maintenance (£25) required every 3 weeks.

**CALLUS PEEL**                      20.00

A targeted foot treatment for visible results on hard skin and cracked heels. Includes callus peel, hard skin buff and moisturisation.

**ADD ON TO PEDI FOR £15**

**GLITTER/ CRYSTALS**

Give your pedicure some bling by adding on some delicately placed dazzling swarovski crystals or glitter. Crystals priced at 20p each and glitter 50p per nail.

**Top Tip: So that your polish remains scuff and chip free, please remember to allow 20-30 minutes extra time for your polish to dry and bring open-toed shoes/flipflops to wear after your pedicure.**





# NAIL SPA

## LIST    MEMBER

### **CALGEL NAIL & BRISA LITE ENHANCEMENTS**

Nail enhancements that allow natural nails to grow healthily under the protective layer. Our gel enhancements are natural-looking, strong, durable and completely safe. The gel soaks off without buffing so the nail is not left damaged. Available in a wide range of colours.

<b>NAIL EXTENSIONS</b> (105 min)	55.00	44.00
<b>NATURAL NAIL OVERLAY</b> (50 min)	38.00	30.40
<b>INFILLS and up to 2 repairs</b> (70 min)	40.00	32.00
<b>SOAK OFF of OVERLAYS &amp; RE-OVERLAY</b>	40.00	32.00
<b>SOAK OFF</b> (30 min)	22.00	17.60

Unfortunately we cannot offer acrylic removal due to the damage that can occur to the nails.

<b>NAIL REPAIR</b> (15 min)	8.00	6.40
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### **BRISA HARD GEL ENHANCEMENTS**

The first acrylate-free gel system in the world. Brisa is hypoallergenic and odour free. It's like a coat of armour for the nails when used as an overlay. The luminous shine is unparalleled and will last between your rebalance appointments. Brisa Gel is buffed to remove and has a harder finish than a soak off gel.

<b>NAIL EXTENSIONS</b> (105 min)	55.00	44.00
<b>NATURAL NAIL OVERLAYS</b> (50 min)	38.00	30.40
<b>INFILLS AND UP to 2 REPAIRS</b> (70 min)	40.00	32.00
<b>GEL REMOVAL</b>	25.00	20.00
<b>NAIL REPAIR</b> (15 min)	8.00	6.40

#### **TOP TIP:**

Gel enhancements are not indestructible and their longevity will depend on a number of factors including chemical usage, medication and homecare and therefore, although we are confident that our enhancements are durable, we cannot offer any refunds. We will repair any breakages in the first 48hrs after application free of charge. Any damage or breakages after this will be charged for.

# MALE GROOMING

## LIST MEMBER

### URBAN CLEANSE FACIAL

54.00 43.20

This super-grooming facial decongests the skin, works overtime to eliminate blocked pores, rapidly accelerates skin repair and neutralises impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean. (60 min).

### DEEP TISSUE BACK MASSAGE

35.00 28.00

An invigorating and deep pressure treatment that works on releasing muscle tension and knots. Available using relaxing, revitalising, detoxifying oil or sports massage blends. (30 min).

### LAVA SHELL BACK MASSAGE

50.00 40.00

This special treatment elevates hot stone massage to the highest level using tiger clam shells heated by a unique volcanic lava and seaweed mix. As the polished shells are glided smoothly over the body, you will instantly drift into a blanket of warmth, falling into a state of utter relaxation and calm. (45 min).

### TOTAL TIME OUT FOR MEN

80.00 64.00

The ultimate skin and body therapy for men. Urban Cleanse Facial combined with the dynamic and immediate tension-relief of Elemis Deep Tissue Back Massage. Achieve the ultimate goal of Total Time Out! (90 min).

### MAINTENANCE MANICURE

25.00 20.00

Focussing on grooming, includes nail clipping and shaping, buffing, cuticle soaking and tidying, hand exfoliation and massage. (30 min).

### MAINTENANCE PEDICURE

25.00 20.00

This treat for feet includes a foot soak and scrub, toenail cut, cuticle tidy and hard skin buff and finishes with a foot and lower leg massage. (30 min).

### WAXING

#### EYEBROW TIDY

10.50 8.40

#### BACK

25.00 20.00

#### CHEST

25.00 20.00

#### BACK & CHEST

45.00 36.00

We have specially selected the most popular male treatments but other treatments from our menu may be available. Please ask for details.



# PAMPER PARTIES

For groups of 4 or more we offer pamper parties. These are a fabulous idea for a wide range of occasions including Birthdays, Hen Parties, Baby Showers, or a Girls Night In!

	4-8 guests	9-12 guests
1 TREATMENT PER GUEST	£30 per person	£27 per person
2 TREATMENTS PER GUEST	£50 per person	£45 per person

## TREATMENT CHOICES

CLASSIC MANICURE (30 min)

CLASSIC PEDICURE (30 min)

BACK, NECK & SHOULDER MASSAGE (30 min)

ELEMIS TASTER FACIAL (30 min)

TASTER REFLEXOLOGY (30 min)

TASTER INDIAN HEAD MASSAGE (30 min)

EYE PACKAGE (30 min) - Patch test required.

EYEBROW REDESIGN (25 min) - Patch test required.

SPECIAL OCCASION MAKEOVER (30 min)

Alternative treatments may be available on special request. Please contact us for further details. Prices for our Palace Hotel Spa include use of the spa facilities and spa pack. Prices for our other salons include a complimentary glass of Prosecco.

We can arrange a Pop Up Cocktail Bar and/or Cocktail Making on request for your guests to enjoy at their pamper party. Please ask us for details.



# PERFUME STUDIO



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**LIST    MEMBER**

## THE PERFUME STUDIO EXPERIENCE

The Perfume Studio is a unique concept, something truly new and different for you to enjoy. We specialise in helping you create a unique fragrance that captures the essence of you and gives you a perfume to wear and cherish.

At the experience, a trained perfume consultant guides you through an enjoyable, relaxing and educational fragrance journey to help you combine any number of our 18 exquisite blends and arrive at a fragrance you love.

The Perfume Studio Experience lasts for approximately 1 hour and consists of a consultation with a trained perfumer wherein you will be presented with our 18 blends and become familiar with each through sampling and testing. Our perfumer will then help you choose your favourite and create the fragrance for you there and then. After taking time to name your unique fragrance, you will be asked to choose from one of The Perfume Studio's stunning 20ml purse-spray atomisers in which you can take your fragrance home. Shortly after your consultation, we will register your fragrance formula and dispatch to you a Fragrance Registration Certificate to verify your fragrance for you to order more, as often as you'd like!

<b>INDIVIDUAL CONSULTATION &amp; PURSE SPRAY</b>	55.00	44.00
<b>DOUBLE CONSULTATION &amp; PURSE SPRAY</b>	95.00	76.00
<b>PERFUME PARTY for 4 &amp; PURSE SPRAY</b>	160.00	128.00



WINNING  
BEAUTY

Beauty Salon Limited  
Award Winning Salons

# PACKAGES

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	LIST	MEMBER
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<b>BIRTHDAY BELLE</b>	30.00	24.00
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Suitable for 6-15 year olds. We do, however, still require a parent or guardian to accompany anyone under 16 to the salon. Choose any 3 of our Little Miss Treatments, Little Miss Mani, Little Miss Pedi, Little Miss Facial, Little Miss Makeover. (45 min).

<b>PICK &amp; MIX</b>	50.00	40.00
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Choose 3 of our mini treatments to enjoy a customized hour of relaxation. Choose from Mini Manicure, Mini Pedicure, Mini Facial, Mini Massage, Eyebrow Tidy, Party Lashes or Mini Makeover.

<b>RELAXING RETREAT</b>	55.00	44.00
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Our most popular gift package. Includes a traditional Relaxing Back, Neck & Shoulder Massage, Mini Manicure & Mini Pedicure. (60 min).

<b>TRANQUILLITY RITUAL</b>	55.00	44.00
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Includes a Relaxing Back, Neck & Shoulder Massage followed by a 30 minute Elemis Taster Facial prescribed for your skin. (60 min).

<b>HOLISTIC ESCAPE</b>	80.00	64.00
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A lovely relaxing pamper package with taster treatments of 3 of our most popular holistic therapies. Includes Hot Stones Back Massage, Reflexology and Elemis Taster Facial. (90 min).

<b>SHEER BLISS</b>	220.00	176.00
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Our most indulgent treatment package starts with a prescribed 60 minute Elemis Skin Specifics Facial followed by a Luxury Full Body Massage. Next your feet & hands will be treated to our nourishing Deluxe Pedicure & Deluxe Manicure before a Makeover to leave you feeling on top of the world. The ultimate in luxury! (330 min).

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<b>PACKAGES FOR 2</b>		
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<b>IT TAKES TWO</b>	100.00	80.00
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Escape with a friend. This package includes a Relaxing Back, Neck & Shoulder Massage and a 30 minute Elemis Taster Facial in a double treatment room. (60 min). Prices are for 2.

<b>TIME TOGETHER</b>	160.00	128.00
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It's twice the fun when you enjoy a package with a friend. Includes a Relaxing Back, Neck & Shoulder Massage, Spa Pedicure and Makeover. Also includes a free glass of bubbly & chocolates. Great for a birthday treat! (105 min). Prices are for 2.

Spa Packages including use of the Spa facilities are also available at the Palace Hotel location. Contact our team for more details.



# WISH LIST

**Make a note of the treatments you have on your wish list as a handy reminder or tear out this page and leave it for a loved one to find!**

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

# USEFUL INFO

## AWARDS

**Finalist in  
Scottish Hair &  
Beauty Awards  
2013 for 'Spa of  
the Year'**

**Winner of the  
Scottish Hair &  
Beauty Awards  
'Beauty Salon  
of the Year' for  
the North West  
2012**

**Winner of Edge  
Award for 'Best  
Employer for  
Training  
Provision in  
Scotland'**

**One of the UK's  
Most Inspiring  
Nail Bars 2012  
by Professional  
Beauty  
Magazine**

**One of the UK's  
Most Inspiring  
Salons 2013 by  
Professional  
Beauty  
Magazine**

### **Information**

Sleeping Beauty Salon Limited is registered in Scotland (SC330976) and registered for VAT and all our treatments and products include VAT at the current rate. Our prices are subject to change without prior notice.

### **Your Visit**

We kindly request clients to switch off mobiles and keep noise to a minimum whilst in the salon. The salon is not a suitable environment for children.

Please arrive 10 minutes prior to the booked treatment time in order to register and complete a client record card. If your health has changed since your last visit to the salon it is important that you make this known to your therapist before your treatment so we can update your client record card.

### **Advice**

Free consultations can be booked with our therapists if you wish to discuss what treatments/products are best to meet your needs. If preferred we can carry out a consultation via telephone at a prearranged time.

### **Latecomers & Cancellation Policy**

We regret that it may be necessary to treat appointments as cancelled for clients arriving more than 15 minutes late but we will, whenever possible, adapt the treatment to the time available although the full cost will be incurred.

**Please give at least 24 hours' notice to cancel or change an appointment or you will be charged for the time reserved.**

### **Deposits**

For treatments 60 minutes or longer a deposit or credit/debit card details will be required when booking. Non-attendance or late cancellation will result in this deposit being retained or a 50% charge being made on the card. For smaller appointments (less than an hour) failure to provide 24 hours notice in cancelling an appointment will result in a charge on your next booking.

## LOCATIONS

14 MARGARET STREET, INVERNESS, IV11LS

Tel: 01463 250 295

[inverness@sleepingbeautysalon.com](mailto:inverness@sleepingbeautysalon.com)

PALACE HOTEL, 8 NESS WALK, INVERNESS, IV3 5NG

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175 COMMERCIAL STREET, LERWICK, ZE1 0HX

Tel: 01595 741 314

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6 WILLIAM STREET, EDINBURGH, EH3 7NH

Tel: 01312 266 580

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## HEAD OFFICE

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For location maps visit  
[www.sleepingbeautysalon.com](http://www.sleepingbeautysalon.com)