

Bar and Restaurant Evening Menu

Pre-Dinner Nibbles

Mixed Spiced Nuts (v+g)

Marinated Olives (v+g)

£2.00 pp

Starters and Light Bites

Creamed Garlic and Herb Mushrooms on Homemade Warm Focaccia Bread £5.20 (v)

Soup of the Evening with Home Baked Bread £5.25

Glamorgan Sausages and Baked Stuffed Tomato with Red Pesto and Caerphilly Cheese £5.50 (v)

Chicken Caesar Salad £5.80

Marinated Olives with Home Baked Breads, Extra Virgin Olive Oil and Aged Balsamic Vinegar £5.95 (v)

Deep Fried Polenta and Port Salut Sandwich on Roasted Tomato and Basil Sauce with Dressed Roquette Salad £6.20 (v)

Shredded Duck Spring Rolls with Ginger, Soy and Sesame Dipping Sauce £6.50

Pan Fried Fish Cakes with Cucumber Relish, Crab Meat and Tarragon Mayonnaise £6.80

Greenland Prawn, Cucumber and Sweet Pepper Cocktail with Malt Whisky Marie Rose and Brown Bread & Butter £6.80

To Follow

Home Baked Glazed Ham, Egg and Chips £7.95 (g)

(Add an extra egg for additional 80p)

Cottage Pie with Pickled Red Cabbage and Garden Peas £8.50

Grilled Welsh Pork Sausage on Root Vegetable and Potato Stwmp with Onion Gravy and Garden Peas £8.50

Southern Fried Chicken Thighs with Chips, Boston Baked Beans, Coleslaw and Dressed Salad £9.95

Baked Mushroom and Vegetable Lasagne with Garlic Bread and Dressed Salad £9.95 (v)

Deep Fried Fish of the Day in Y Garth Ale Batter with Chips, Peas and Tartare Sauce £10.25

Welsh Lamb Kofta Balti with Vegetable Pilau Rice, Mango Chutney and Homemade Naan Bread Balls £13.50

Chargrilled Prime Welsh Sirloin Steak with Chips, Grilled Tomato, Pan Fried Mushrooms, and

Y Garth Ale Battered Onion Rings £19.95

(Add Peppercorn Sauce for an additional £2.50 / please note that our Beef will be served pink or well done)

The Above Meals are Complete Meals

(Please note that some of the above dishes can be made Gluten Free with the removal of certain ingredients – Please discuss with a member of staff prior to ordering.)

For bookings and all enquiries, please contact us at;

'Y Garth Bar and Restaurant', Plas Talgarth, Pennal, nr Machynlleth, SY20 9JY.

Tel: 01654 791 394 / www.y-garth-pennal.co.uk



Deep Fried Wholetail Scampi with Homemade Tartare Sauce £10.50

8oz Welsh Rib Steak Burger with Welsh Cheddar and Tomato Chilli Relish Served in a Homemade Sesame Roll £12.95

(Add Grilled Smoked Streaky Bacon for an additional £1.00)

Chargrilled Marinated Chicken Breast on Chilli and Lime Puy Lentils with Spiced Butter £13.50 (g)

Pan Fried Pork Chop with Havod Cheese, Black Pudding and Herb Crust with Taffy Apple Cider Sauce £14.95

Pan Fried Fillet of Salmon with Smoked Bacon, Penclawdd Cockles, Pickled Samphire, and Vermouth Sauce £15.95 (g)

Roasted Loin of Local Welsh Lamb with Redcurrant and Madeira Sauce £17.95 (g)

Roast Half Gressingham Duck with Five Spice and Ginger, Plum Eau de Vie Sauce £18.50 (g)

Pan Fried Medallions of Beef Fillet with Sautéed Mushrooms and Peppercorn Sauce £23.95 (g)

*The Above Meals come with a choice of Homemade Chips or New Potatoes and Dressed Salad or Fresh Vegetables
(Please note that our Lamb and Beef will be served pink or well done)*

Homemade 11" Stonebaked Pizzas

Italian: Three Cheese and Cherry Tomato (cheddar, mozzarella & parmesan) £8.75 (v)

Welsh: Gammon Ham, Welsh Rarebit and Fresh Pineapple £9.25

American: Barbeque Chicken, Sweetcorn and Monterey Jack Cheese £9.95

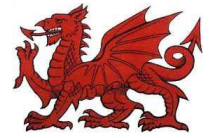
German: Salami, Red Onion and Emmenthal Cheese £9.95

Mexican: Chilli Beef, Mushroom, and Jalapeno Peppers £9.95

Add Extra Toppings (£1.00 per topping) – Olives, Mushrooms, Fresh Pineapple, Red Onion, Salami, Gammon Ham, Sweet Peppers, jalapeno Peppers, Rarebit, Sweetcorn, Cherry Tomatoes, and Barbeque Chicken

(Please note (v) = Vegetarian / (g) = Gluten Free)

(Please note that some of the above dishes not indicated with a (g), can be made Gluten Free with the removal of certain ingredients. Please discuss with a member of staff prior to order)



Side Dishes

Homemade Chips £2.50 (v)

Selection of Fresh Vegetables £2.50 (v+g)

Buttered New Potatoes £2.50 (v)

Garlic Bread £2.50 (v)

Dressed Salad £2.50 (v+g)

Boston Baked Beans £2.50

Coleslaw £2.50 (v+g)

Home Baked Bread and Butter £2.50 (v)

Marinated Olives with Home Baked Bread, Extra Virgin Olive Oil and Balsamic Vinegar £5.95 (v)

Desserts

Please see our Specials Board for Today's Desserts £5.50

Welsh Cheese, Grapes and a Selection of Biscuits £5.95

Krohn Heritage Tawny Port

50ml £2.50

100ml £4.90

Bottle £25.80

Tea or Coffee £2.80

Liqueur Coffee £5.50

Note to all customers: All our food is prepared and cooked in an environment where nuts are present. If you have any dietary requirements or allergies such as nut, gluten, coeliac and diabetic intolerances please speak to one of our Bar or Restaurant staff who will be more than happy to advise you.